Daniel:

Talk to a registered nurse before going to ED via Healthline. Alternatively live chat with them in the app.

Send an alert to emergency medical services and next of kin with your location details if you're unable to call.

Find the nearest open GP or after hours clinic, review the waiting time and get driving instructions.

Review your medical symptoms in the app to see what is recommended and confirm with a chat to a registered nurse to get some peace of mind.

Get details about how the health system in NZ works and what you need to do to register for your own GP. Learn about financial assistance available to you.